



**Hertfordshire and
West Essex
Integrated Care Board**

NHS Herts and West Essex

Integrated Care Board (ICB)

Female Sterilisation

July 2022 V1.0

Version Number	V1.0
Approved By	NHS Hertfordshire & West Essex Integrated Care Board.
Date Approved	1st July 2022
Responsible Director	Medical Director
Directorate	Clinical
Staff Audience	HWE EBI and IFR Team, Primary and Secondary Care Clinicians, Provider Clinical Funding Teams
Publication Date	1st July 2022
Review Date	1st July 2024
Description	Policy for local Evidence Based Interventions procedure
Superseded Documents (if applicable)	West Essex CCG – Female Sterilisation Hertfordshire CCG (Priorities Forum) – Female Sterilisation

Document Owner: Medical Directorate	Prepared by: Associate Medical Director for Planned Care and Prioritisation	First Published: 1 st July 2022
Document number:	Approval date: 1 st July 2022	Version number: 1.0
Status: Approved	Next review date: 1 st July 2024	

Document Control

Version	Page	Details of amendment	Author

Document Owner: Medical Directorate	Prepared by: Associate Medical Director for Planned Care and Prioritisation	First Published: 1 st July 2022
Document number:	Approval date: 1 st July 2022	Version number: 1.0
Status: Approved	Next review date: 1 st July 2024	

The policy should include a contents page, as set out below, and be structured around all of the headings shown (although not necessarily in the same order)

CONTENTS

Section		Page
1.	Introduction An overview of the importance of the policy	4
2.	Purpose The rationale for the development of the policy; objectives and intended outcomes of the process / system described	4
3.	Content The key points of the policy should be written in a clear, concise manner, so as to be easily understood and correctly interpreted	4
4.	References An evidence base for the policy using up-to-date references. All references should be cited in full using an agreed uniform approach to referencing	4

Appendices:

Each appendix will be numbered to follow on from the policy document.

Document Owner: Medical Directorate	Prepared by: Associate Medical Director for Planned Care and Prioritisation	First Published: 1 st July 2022
Document number:	Approval date: 1 st July 2022	Version number: 1.0
Status: Approved	Next review date: 1 st July 2024	

Policy: Female Sterilisation

Sterilisation is an irreversible method of contraception. Female sterilisation surgery involves blocking or sealing the fallopian tubes, which link the ovaries to the uterus, thus preventing the eggs from reaching the sperm and becoming fertilised. As this procedure is invasive and requires anaesthetic it comes with associated health risks.

Female sterilisation will be funded in the following circumstances –

- It is evidenced that the patient is unable to tolerate all hormonal forms of contraception
- The patient has been fully informed of associated health risks

There are many methods of contraception accessible in Herts and West Essex that are overall more clinically effective and that are associated with lower health risks.

References

1. Percentage of women experiencing an unintended pregnancy within the first year of use with typical use and perfect use (modified from Trussell J. Contraceptive efficacy. In: Hatcher RA, Trussell J, Nelson AL, et al. (eds), Contraceptive Technology (20th revised edn). New York, NY: Ardent Media, 2011
2. <https://www.nhs.uk/conditions/contraception/female-sterilisation/>
<https://www.fpa.org.uk/contraception-help/sterilisation-male-and-female>

Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy. Individual cases will be reviewed as per the ICB policy.

Document Owner: Medical Directorate	Prepared by: Associate Medical Director for Planned Care and Prioritisation	First Published: 1 st July 2022
Document number:	Approval date: 1 st July 2022	Version number: 1.0
Status: Approved	Next review date: 1 st July 2024	